



OCTUBRE 2019

BAMBOLEO FITNESS

LUNES

MARTES

MIERCOLES

JUEVES

VIERNES

SABADO

07:00

Pilates Muro

09:00

Pilates TRX

09:00

Pilates Muro

09:00

Pilates
Matwork

10:00

Pilates Muro

10:00

13:00

Kundalini
Yoga

10:00

17:00

Pilates Muro

Pilates Muro

Pilates
Matwork

Pilates Muro

11:00

Pilates
Matwork

18:00

Pilates Muro

Pilates
Matwork

Pilates Muro

Pilates
Matwork

11:00

18:00

12:00

19:30

Pilates
Matwork

Pilates TRX

Pilates Muro

Pilates TRX

12:00

19:30

13:00

Stretching

20:30

Stretching

Pilates Muro

Pilates
Matwork

Pilates Muro

13:00

20:30

Pilates TRX

Pilates
Matwork

Pilates TRX

14:00

21:30

Pilates
Matwork

14:00

21:30

15:00