



MARZO 2020

BAMBOLEO FITNESS

	LUNES	MARTES	MIERCOLES	JUEVES	VIERNES		SABADO
07:00				Pilates Muro		09:00	
09:00				Pilates Muro		09:00	
10:00		Pilates Muro				10:00	
13:00						10:00	
17:00	Pilates Muro	Pilates Muro	Pilates Matwork	Pilates Muro		11:00	Pilates Matwork
18:00	Pilates Muro	Pilates Matwork	Pilates Muro	Pilates Matwork		11:00	
18:00						12:00	
19:30	Pilates Matwork	Pilates TRX	Pilates TRX	Pilates Muro		12:00	
19:30						13:00	Stretching
20:30	Pilates TRX	Pilates Matwork	Pilates Muro	Pilates Matwork		13:00	
20:30						14:00	
21:30						14:00	
21:30						15:00	